

## ABOUT THE WORKSHOP

---

The workshop covers "Required Core Training Content" necessary to enter the practicum to become a Certified Attachment-Focused Psychotherapist, Family Therapist, or Professional. The use of SKYPE will allow remote participants to meet the core training requirements of as described on the Attachment-Focused Treatment Institute and Dyadic Developmental Psychotherapy websites. Participants should have previously taken and introductory or beginning workshop.

The workshop uses a combination of SKYPE workshop sessions, group discussion, independent study, and case presentations. Attachment-focused family therapy workbook, is the course text.

This workshop will provide the therapist and other professionals with an opportunity to learn and practice effective treatment methods for trauma-attachment disordered children and for other populations including families, adults, and individuals.

Participants are encouraged to present videotapes of sessions.

**Dyadic Developmental Psychotherapy** is an evidence-based, effective, and empirically validated treatment that is grounded in current thinking and research on the etiology and treatment of Complex Trauma or Developmental Trauma Disorder and disorders of attachment. Treatment is primarily experiential and there is an important teaching element as well. Teaching parents about attachment-facilitating parenting methods and the importance of attunement and responsive, sensitive parenting is essential. Direct work with the parents regarding their own family or origin issues is another component of treatment. Finally, intensive emotional work with the child in a manner consistent with sound treatment principles is vital.

The workshop is led by Dr. Arthur Becker-Weidman, who is a certified Dyadic Developmental Psychotherapist, Certified Consultant, and Certified Trainer by the Dyadic Developmental Psychotherapy Institute.

---

## ARTHUR BECKER-WEIDMAN, PHD

---

*The Center For Family Development* is an internationally recognized treatment and training center specializing in helping adopted and foster families with trauma and attachment disordered children. The Center is a registered agency with the Association for Treatment and Training in the Attachment of Children. The Center offers certification in Attachment-Focused Family Therapy and Dyadic Developmental Psychotherapy.

**Arthur Becker-Weidman, CSW-R Ph.D.** received his doctorate in Human Development from the University of Maryland, Institute for Child Study. He achieved Diplomate status from the American Board of Psychological Specialties in Child Psychology and Forensic Psychology. He was a Vice-President, clinical, with the Association for the Treatment and Training in the Attachment of Children and was the founding President of the Dyadic Developmental Psychotherapy Institute. Art is an adjunct Clinical Professor at SUNY at Buffalo. He has published many scholarly papers and book chapters, and regularly presents at international and national conferences. He has published five books, including *The Attachment Therapy Companion*, NY: Norton, 2012, and several training DVDs. Art consults with psychologists, social workers, marriage and family therapists and several child treatment agencies, school districts, departments of social services, and governments in the United States, Canada, Bermuda, Finland, Czech Republic, Slovakia, Singapore, & Australia.

### EVIDENCE-BASIS FOR TREATMENT

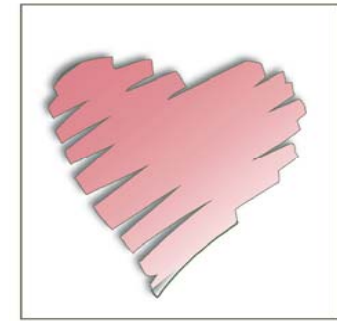
\* Becker-Weidman, A., (2006) "Treatment for Children with Trauma-Attachment Disorders: Dyadic Developmental Psychotherapy," *Child and Adolescent Social Work Journal*. Vol. 23(2), 147-171.

\* Becker-Weidman, A., (2006) "Dyadic Developmental Psychotherapy: A multi-year Follow-up," in, *New Developments In Child Abuse Research*, Stanley M. Sturt, Ph.D. (Ed.) Nova Science Publishers, NY, pp. 43 – 61.

<http://www.center4familydevelop.com/research.pdf>

\* Becker-Weidman, A., & Hughes, D., (2008) "Dyadic Developmental Psychotherapy: An evidence-based treatment for children with complex trauma and disorders of attachment," *Child & Adolescent Social Work*, 13, pp.329-337.

\* Craven, P., & Lee, R., (2006) Therapeutic Interventions for Foster Children: A Systematic Research Synthesis, *Research on Social Work Practice*, 16(3):287-304.



# Dyadic Developmental Psychotherapy

## ADVANCED SKYPE CLASS

---

**Center For Family  
Development**  
5820 Main St., suite 406  
Williamsville, NY 14221  
716-810-0790

## TRAINING OUTLINE

### SCHEDULE

Starting dates and SKYPE sessions scheduled based on your availability and convenience. Assignments and independent study occur at your pace.

#### Training Outline

- \* Differential use of components of Practice in different phases of treatment
- \* Treatment with different populations and circumstances
- \* Experiential components of training
- \* Consultation

This workshop covers required core training content for training to meet the DDPI requirements to apply for the Practicum to become a certified DDP therapist.

Dyadic Developmental Psychotherapy is an evidence-based, effective, and empirically validated treatment. Two follow-up studies with control groups found clinically and statistically significant reductions in symptoms of attachment disorder, aggression, anti-social behavior, thought disorders, attention problems, mood, and social relationship dysfunction. Over 80% of the children treated had previously been in treatment on three or more occasions, without any noticeable improvement. Treatment averaged 23 sessions over approximately ten months. (Arthur Becker-Weidman, Ph.D., *Child & Adolescent Social Work*, vol. 23, pp.137-171, 2006)

This advanced workshop is for therapists who want to further their skills treating families, children, and adults using Dyadic Developmental Psychotherapy. Participants will learn advanced treatment methods for helping clients. Participants will learn:

1. Initial work to determine parent readiness.
2. The components of Dyadic Developmental Psychotherapy and the phases of treatment.
3. The differential use of components in different phases of treatment.
4. Effective therapeutic techniques to use with special populations.
5. Effective parenting principals.

Participants will have the opportunity to view videotapes of actual therapy sessions with traumatized children that demonstrate therapeutic principals and present their own video tapes or cases.

### SUGGESTED READING

You will find the following list of books helpful. The first two texts are required reading. This will ensure that everyone has a solid foundation of common knowledge.

1. **Dyadic Developmental Psychotherapy: Essential Methods & Practices, Arthur Becker-Weidman, Ph.D., Rowman, Lanham, MD, 2010.**
2. **The Dyadic Developmental Psychotherapy Casebook, Arthur Becker-Weidman, Rowman: Lanham, MD, 2011.**
3. **The Dyadic Developmental Psychotherapy Primer, Arthur Becker-Weidman, Century, 2012.**
4. *Creating Capacity for Attachment*, Eds., Arthur Becker-Weidman, Ph.D., Deborah Shell, MA, LCMHC, Wood 'N' Barnes, 2005/2008.
5. *Attachment Parenting*, Ed., Arthur Becker-Weidman & Deborah Shell, Rowman: Lanham, MD, 2010.
6. *Attachment-Focused Family Therapy*. Daniel Hughes, Norton, 2007.
7. *Attachment-Focused Family Therapy Workbook*, D. Hughes, Norton: NY, 2011.
8. *Handbook of Attachment: Theory, Research, and Clinical Applications*. Edited by Jude Cassidy and Phillip Shaver. The Guilford Press, 2008.
9. *Building the Bonds of Attachment*. 2<sup>nd</sup>. Ed. Daniel Hughes, Ph.D., 2006

10. *Attachment Across the Life Cycle*. Edited by Colin Murray Parkes, Joan Stevenson-Hinde, and Peter Marris. Routledge, 1991.
11. *A Secure Base*. John Bowlby, Basic Books, NY, 1988.
12. *John Bowlby & Attachment Theory*. Jeremy Holmes, Routledge, NY, 1993.

### REGISTRATION

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

Degree: \_\_\_\_\_

DAY PHONE #: (\_\_\_\_\_) \_\_\_\_\_

E-MAIL: \_\_\_\_\_

AGENCY NAME (if applicable): \_\_\_\_\_

Fee is \$500 (US\$). A refund, minus a \$95 administrative fee, will be given for cancellations. No refunds will be issued beginning course. A \$150 deposit is required and full payment is due by the time you being.

\_\_\_\_\_ \$500 (U.S. \$) fee enclosed.

OR

\_\_\_\_\_ \$150 deposit enclosed, balance due before starting.

\_\_\_\_\_ Purchase Orders: include \$25 fee. Payment in full must be received prior to starting training.

Registration fee includes workshop information packet, and CEU Certification.

To register send application form and check to:

CENTER FOR FAMILY DEVELOPMENT  
5820 Main Street, suite 406  
Williamsville, NY 14221

CENTER FOR FAMILY DEVELOPMENT  
5820 Main Street, Suite 406  
Williamsville, NY, 14221  
Website: [www.Center4FamilyDevelop.com](http://www.Center4FamilyDevelop.com)  
E-mail: [Aweidman@Concentric.net](mailto:Aweidman@Concentric.net)  
Phone: 716-810-0790 Fax: 716-636-6243

### PURPOSE OF WORKSHOP