

Dr. Emily Becker-Weidman is a child and adolescent psychologist in Manhattan with expertise in cognitive behavioral therapy for children, adolescents, and young adults and attachment-focused family therapy. She has training in Dialectical Behavior Therapy (DBT) and is a member of the NYU Child Study Center DBT program in the Anita Saltz Institute for Anxiety and Mood Disorders. She is currently a clinician with the Autism Spectrum Disorders Clinical and Research Program and conducts evaluations for young children with suspected Autism Spectrum Disorders. Dr. Becker-Weidman is trained in Dyadic Developmental Psychotherapy and is a Certified Attachment-Focused Family Therapist, Consultant, and Trainer. She is also certified in Trauma Focused Cognitive Behavior Therapy and has training in Parent-Child Interaction Therapy and Neuropsychological evaluation. In addition, Dr. Becker-Weidman provides individual Cognitive Behavioral Therapy for children, adolescents, and young adults and conducts psychiatric diagnostic evaluations for new clients.

Dr. Becker-Weidman earned her B.A. in psychology and health & societies from the University of Pennsylvania and Ph.D. in clinical psychology from Northwestern University Feinberg School of Medicine under the mentorship of Dr. Mark Reinecke. She completed her Psychology Internship at New York University/Bellevue Hospital Center in New York, NY and is currently doing a two-year Post-Doctoral Fellowship at the NYU Child Study Center. Dr. Becker-Weidman is a member of the Association for Behavioral and Cognitive Therapies (ABCT), the American Psychological Association (APA), the New York City Adoption/Foster Care Therapist Network, and the New York City Cognitive Behavioral Therapy Association (NYC-CBT). She has presented research at several national conferences, co-authored two book chapters on child/adolescent psychopathology, and published three articles in peer reviewed journals.

Dr. Emily Becker-Weidman specializes in the following diagnoses and life stressors:

- **Post-Adoption Issues and Parent-Child Attachment Related Concerns**
- **Children and Adolescents with ADHD and Disruptive Behaviors**
- **Autism Spectrum Disorders**
- **Posttraumatic Stress Disorder (PTSD), Trauma, and Bereavement**
- **Social Anxiety, Generalized Anxiety, and Panic Disorders**
- **Depression and Bipolar Disorders**
- **Emotion Regulation Problems**

Please browse through Dr. Becker-Weidman's clinical and educational background below to get a better sense of her professional training, interests, and areas of expertise.

Education

- **Ph.D. in Clinical Psychology** from Northwestern University. **Dr. Becker-Weidman's dissertation**, used data collected through the NIMH funded Treatment of Adolescent Depression Study (TADS), focused on hopelessness as a moderator and mediator of treatment outcome in depressed adolescents.
- **B.A. in Psychology and Health and Societies** from University of Pennsylvania. **Magna Cum Laude.**

Advanced Clinical Training

- Training in **Dyadic Developmental Psychotherapy ©**
- Postdoctoral Fellowship in at the NYU Child Study Center

- Training in **Trauma Focused CBT**
- Training in **Parent-Child Interaction Therapy**
- Training in **Dialectical Behavior Therapy**
- Training in Neuropsychological Assessment
- Training in Autism assessment—research reliable in administration of the **ADOS and ADI**

Presentations

- Becker-Weidman, E. "T'is the Season: Mindfulness Approaches for Happier Holidays." Corporate Wellness Program for Tiffany and Company. December 2011.
- Becker-Weidman, A., and Becker-Weidman, E. "Trauma Informed Care." Workshop. The Family Center, New York. June 2011.
- Becker-Weidman, E., Gunnia, K., Campos, K., and Flanckbaum, M. "Evidence-based Practice: Considerations for Implementation of PCIT when, "One Size Does Not Fit All." Lecture. Grand Rounds. Department of Psychiatry, New York University Langone Medical Center. June 2011.
- Becker-Weidman, E. "Change in Hopelessness and Acute Treatment Outcomes among Depressed Adolescents." Lecture. Friday Digest. Department of Psychiatry and Behavioral Sciences, Northwestern University. September 2009.
- Becker-Weidman, E., Jacobs, R., Reinecke, M., Silva, S., & March, J. "Social Problem Solving among Adolescents Treated for Depression." Poster presentation. 43rd Annual Conference of the Academy of Behavioral and Cognitive Therapy. New York, NY. 2009.
- Becker-Weidman, E., Jacobs, R., Reinecke, M., Jordan, N., Silva, S., Rohde, P., & March, J. "Oppositionality outcomes among adolescents treated for depression." Poster presentation. 55th Annual Meeting of the American Academy of Child and Adolescent Psychiatry. Chicago, IL. 2008.
- Becker-Weidman, E., Reinecke, M., Jacobs, R., Martinovich, Z., & March, J. "Predictors of Hopelessness Among Clinically Depressed Youth." Symposium. 19th Annual Convention of the Association for Psychological Science. Chicago, IL May 2007.
- Becker-Weidman, E., Reinecke, M., Jacobs, R., Martinovich, Z., Silva, S., & March, J, et. al. "Predictors of Hopelessness." Poster presentation. 41st Annual Conference of the Academy of Behavioral and Cognitive Therapy. Philadelphia, PA November 2007.
- Becker-Weidman, E., Reinecke, M., Jacobs, R., & Martinovich, Z. "Man Doth Not Lose His Interest in Life without Reason." Poster presentation. Kansas Conference in Clinical Child and Adolescent Psychology. Lawrence, KS October 2006.

Publications

- *Reinecke, M., Washburn, J., & Becker-Weidman, E. (2007). *Depression and Suicide*, in Dattilio, F. & Freeman, A. (Eds.). Cognitive-Behavioral Strategies in Crisis Intervention (3rd Edition). New York: Guilford Press.
- *Bornstein, R., Becker-Weidman, E., Nigro, C., Frontera, R., & Reinecke, M. (2007). *The Complex Pathway from Attachment to Personality Disorder: A Life Span Perspective on Interpersonal Dependency*, in Freeman, A. & Reinecke, M. (Eds.). Personality Disorders in Childhood and Adolescence. Hoboken, New Jersey: John Wiley & Sons.

- *Becker-Weidman, E., Jacobs, R., Reinecke, M., Zoran, M., Silva, S., Curry, J.F., et al. (2009). Predictors of Hopelessness among Clinically Depressed Youth. *Behavioural and Cognitive Psychotherapy*, 37, 267-291.
- *Becker-Weidman, E., Jacobs, R., Reinecke, M., Silva, S., Curry, J.F., et al. (2010). Social Problem-Solving among Adolescents Treated for Depression. *Behaviour Research and Therapy*, 48, 11-18.
- *Jacobs, R., Becker-Weidman, E., Jordan, N., Reinecke, M.A., Rohde, P., Silva, S., March, J., et al. (2010). Treating depression and oppositional behavior in adolescents. *Journal of Clinical Child and Adolescent Psychology*, 39, 559-567.
- *Curry, J., Silva, S., Rohde, P., Ginsberg, G., Kratochvil, C., Simons, A., Kirchner, J., May, D., Kennard, B., Mayes, T., Albano, A.M., Jacobs, R., Lavonier, S., Feeny, N., Reinecke, M., Weller, E., Becker-Weidman, E., Emslie, G., Walkup, J., Kastelic, E., Burns, B., Wells, K., March, J. (2010). Recovery and recurrence following treatment for adolescent major depression. *Archives of General Psychology*. 68, 263-269.
- *Curry, J., Silva, S., Rohde, P., Ginsberg, G., Kratochvil, C., Simons, A., Kirchner, J., May, D., Kennard, B., Mayes, T., Albano, A.M., Jacobs, R., Lavonier, S., Feeny, N., Reinecke, M., Weller, E., Becker-Weidman, E., Emslie, G., Walkup, J., Kastelic, E., Burns, B., Wells, K., March, J. (2012). Onset of Alcohol or Substance Use Disorders Following Treatment for Adolescent Depression. *Journal of Consulting and Clinical Psychology*, 80, 299-312.
- *Becker-Weidman, E., Reinecke, M., Silva, S. (manuscript). Change in Hopelessness and Acute Treatment Outcomes Among Depressed Adolescents.