

## Betty J. B. Brouwer, M.Sc., R.C.A.T. CPT

Betty J. B. Brouwer has more than 20 years of experience working with children, adolescents, and their families. Betty works for the Shalem Mental Health Network, based in Hamilton, Ontario, where she serves as the Director of Shalem's "Linking Lives/Building Attachment" program and as the Artistic Director of Shalem's "Re-create Outreach Art Studio" (a drop-in studio for street-involved youth in downtown Hamilton). Betty works primarily with children, adolescents, and their families as well as adults who have experienced trauma and loss in their lives. She finds it an honor and privilege to enter into people's lives and help facilitate healing and change. In addition to her clinical work, Betty also presents at various conferences and workshops.

Betty uses Dyadic Developmental Psychotherapy as her primary treatment model in her work. In all areas of her life, she tries to embody a PACE (playfulness, acceptance, curiosity and empathy) attitude at work, home and play.

Betty holds a master's degree in child and Adolescent Studies from the University of Guelph, Ontario and a master's level diploma from the Toronto Art Therapy Institute, Toronto. She is a registered art therapist with the Canadian Art Therapy Association (CATA) and the Ontario Art Therapy Association, and she is a certified play therapist with Play Therapy International and the Canadian Association of Child and Play Therapy. Betty has served on the executive board of CATA. She is a member of ATTACH (Association for Treatment and Training in the Attachment of Children), an international coalition of professionals and families dedicated to helping those with attachment difficulties by sharing their knowledge, talents and resources.