

# ***Dyadic Developmental Therapy***

(An attachment-based therapy)

## **Supervision Group**

**Supervision for Therapists  
in the Treatment of Children  
with Trauma-Attachment Problems**

**A three-month Supervision Group.  
10:00 am, 3rd Saturday of the month  
The specific schedule is based on those attending  
Group is on-going in three month segments**

**Limited to 7 therapists**

**Center For Family Development  
5820 Main Street, suite 406  
Williamsville, NY 14221  
I-90 to Exit 49; north, left, on Transit Rd (RT 78);  
West, left, on Main St. (RT 5) - [See Map](#)  
716 636 6243**

Click here for [Registration Form](#)

## **ABOUT THE WORKSHOP**

This workshop is for therapists who have previously attended a workshop about attachment and attachment therapy. It is expected that participants will have a working knowledge of attachment, how it develops, how attachment disorders develop, and a general knowledge of treatment principals.

Early deprivation, neglect, abuse, significant early health problems and hospitalizations, repeated moves, or more than one year in an orphanage can create attachment problems that require specialized treatment. Traditional forms of therapy are ineffective with attachment-disordered children. This workshop will provide the therapist with an opportunity to learn and practice effective treatment methods of trauma-attachment disordered children.

Participants are encouraged to bring in videotapes of sessions or to make arrangements to have a family attend a session for a consultation with the therapist and Dr. Becker-Weidman. Contact Dr. Becker-Weidman to discuss arrangements.

## TRAINING OUTLINE

### SCHEDULE

A three-month Supervision Group. 10:00 am, 3rd. Saturday of the month. The specific schedule is based on those attending, Limited to 7 therapists. Group is on-going, in three month segments.

### OUTLINE

Each person may bring a video tape or present a case. Each person attending will have one hour to present and will participate in the other's supervision...so, for example, if there are six participants, the group will run from 10:00 am to 5:00pm.

The treatment presented has demonstrated effectiveness. A follow-up study (see our website) clinically and statistically significant reductions in symptoms of attachment disorder, aggression, anti-social behavior, thought disorders, attention problems, mood, and social relationship dysfunction. Over 80% of the children treated had previously been in treatment on three or more occasions, without any noticeable improvement. Dyadic Developmental Psychotherapy produced measurable and stable improvements. Treatment averaged 23 sessions over approximately ten months. (Arthur Becker-Weidman, Ph.D., March 2006 issue of [Child and Adolescent Social Work.](#))

### PURPOSE OF WORKSHOP

This workshop is for therapists who want to learn how to treat trauma-attachment disordered children. Participants will learn effective therapy principals for helping traumatized children. Participants will learn:

1. Initial assessment and treatment planning.
2. Beginning, middle, and ending phase interventions.
3. Developing attunement and maintaining attunement.
4. Practical implications of the relationship between neurobiology and attachment.
5. Effective therapeutic techniques to use with traumatized and attachment disordered children.
6. Effective parenting principals.

Participants will have the opportunity to view videotapes of actual therapy sessions with traumatized children that demonstrate therapeutic principals, present their own video tapes or bring in a client for a consultation, and view live therapy sessions.

Click here for [Registration Form](#)

**Space is limited to 7**

## **SUGGESTED READING**

You will find the following list of books helpful. It is strongly recommended that you read the first book before the workshop begins. This will ensure that everyone has a solid foundation of common knowledge.

1. [Creating Capacity: Dyadic Developmental Psychotherapy in the Treatment of Trauma-Attachment Disorders](#), Eds., Arthur Becker-Weidman, Ph.D., Deborah Shell, MA, LCMHC, Wood 'N' Barnes, 2005.
2. Facilitating Developmental Attachment. Daniel Hughes, Ph.D.
3. Handbook of Attachment: Theory, Research, and Clinical Applications. Edited by Jude Cassidy and Phillip Shaver. The Guilford Press, 1999.
4. Attachment across the Life Cycle. Edited by Colin Murray Parkes, Joan Stevenson-Hinde, and Peter Marris. Routledge, 1991.
5. Building the Bonds of Attachment. Daniel Hughes, Ph.D.
6. Handbook of Attachment Interventions. Edited by Terry Levy, Academic Press, 2000.
7. Attaching in Adoption by Deborah Gray